The Parsons Pig Menu - Food Allergen Guide - STARTERS - INDIAN & PUB

Column1	Eggs	Fish	Lupin	Milk	Mustard	Peanuts	Sesame	Soya	Tree Nuts	Cereals With Gluten	Celery And Celeriac	Crustaceans	Molluscs	Sulphur Dioxide SO2
CRISPY COATED PRAWNS	✓	×	×	×	×	×	×	×	×	✓	×	✓	×	×
HALLOUMI & FETA FINGERS	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
PACIFIC CALAMARI RINGS	✓	×	×	×	×	×	×	×	×	✓	×	×	✓	✓
TEXAN CHICKEN WINGS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
SPICED CHICKEN GOUJONS	✓	×	×	×	×	×	×	×	×	✓	×	×	×	×
GARLIC FLAT BREAD	✓	×	×	✓	×	×	×	×	×	×	×	×	×	×
GARLIC FLAT BREAD WITH CHEESE	✓	×	×	✓	×	×	×	×	×	×	×	×	×	×
TANDOORI CHOPS	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
AMRITSARI FISH PAKORAS	×	✓	×	×	×	×	×	×	×	×	×	×	×	×
CHILLI CHICKEN	×	×	×	×	×	×	×	✓	×	✓	×	×	×	×
HERB CHICKEN TIKKA	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
TRADITIONAL CHICKEN TIKKA	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
LAHORI SEEKH KEBABS	✓	×	×	✓	×	×	×	×	×	×	×	×	×	×
TANDOORI HOT WINGS	✓	×	×	✓	✓	×	×	×	×	×	×	×	×	×
VINDALOO WINGS	✓	×	×	×	×	×	×	×	×	×	×	×	×	×
PUNJABI VEG. SAMOSAS	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
PUNJABI CHICKEN SAMOSAS	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
PUNJABI LAMB SAMOSAS	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
NAWABI PANEER TIKKA	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
CHILLI PANEER	×	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
CHILLI MUSHROOMS	×	×	×	×	×	×	×	✓	×	✓	×	×	×	×
BOMBAY BHAJIS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
MOGO CHIPS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
CHILLI CHEESE MASALA CHIPS	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
BOMBAY BHAJI CHAAT	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
CHOWPATTY BHEL PURI	×	×	×	✓	×	✓	×	×	×	✓	×	×	×	×
KEEMA PAO	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
DILLI CHIPS CHAAT	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
SAMOSA CHAAT	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×

The Parsons Pig Menu - Food Allergen Guide - INDIAN MAINS

Column1	Eggs	Fish	Lupin	Milk	Mustard	Peanuts	Sesame	Soya	Tree Nuts	Cereals With Gluten	Celery And Celeriac	Crustaceans	Molluscs	Sulphur Dioxide SO2
BUTTER CHICKEN	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
SWATI CHICKEN CURRY	×	×	×	✓	×	×	×	×	✓	×	×	×	×	×
KADAI MURGH LAHORI	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
MURGH METHI MALAI	×	×	×	✓	×	×	×	×	✓	×	×	×	×	×
CHICKEN KORMA	×	×	×	✓	×	×	×	×	✓	×	×	×	×	×
MURGH SAAGWALA	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
KERALA CHICKEN CURRY	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
KING PRAWN COCONUT & MANGO	×	×	×	×	✓	×	×	×	×	×	×	×	×	×
SANTACRUZ SALMON CURRY	×	×	×	×	✓	×	×	×	×	×	×	×	×	×
KARAHI KING PRAWNS	×	×	×	✓	×	×	×	×	×	×	×	✓	×	×
MALABAR SEAFOOD CURRY	×	✓	×	×	✓	×	×	×	×	×	×	✓	✓	×
PUNJABI FISH CURRY	×	✓	×	✓	✓	×	×	×	×	×	×	×	×	×
HYDERABADI LAMB SHANK	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
KASHMIRI LAMB ROGAN JOSH	×	×	×	×	×	×	×	×	×	×	×	×	×	×
SAAG GOSHT	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
NIZAMI METHI GOSHT	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
KADAI GOSHT	×	×	×	×	×	×	×	×	×	×	×	×	×	×
RAMPURI DAL GOSHT	×	×	×	×	×	×	×	×	×	×	×	×	×	×
KEEMA MATAR MASALA	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
PANEER BUTTER MASALA	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
PALAK PANEER	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
KADAI PANEER	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
MALABAR VEGETABLE CURRY	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
SUBZ MAKHANWALA	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
MUSHROOM BHAJI	×	×	×	×	×	×	×	×	×	×	×	×	×	×
DAL MAKHANI	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
DAL TADKA	×	×	×	×	×	×	×	×	×	×	×	×	×	×
CHANA MASALA	×	×	×	×	×	×	×	×	×	×	×	×	×	×
BOMBAY JEERA ALOO	×	×	×	×	✓	×	×	×	×	×	×	×	×	×
SAAG ALOO	×	×	×	×	✓	×	×	×	×	×	×	×	×	×
METHI ALOO	×	×	×	×	✓	×	×	×	×	×	×	×	×	×
COCONUT PINEAPPLE CURRY	×	×	×	×	✓	×	×	×	×	✓	×	×	×	×
TANDOORI MIXED GRILL	✓	×	×	✓	✓	×	×	×	×	✓	×	×	×	×
TANDOORI CHOPS	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
CHICKEN TIKKA PLATTER	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
NAWABI PANEER SHASLIK	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
MUGHLAI LAMB BIRYANI	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
LUCKNAWI CHICKEN BIRYANI	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CALICUT SEAFOOD BIRYANI	×	×	×	✓	×	×	×	×	×	✓	×	✓	✓	×
SUBZ BIRYANI	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
SAFFRON PILAO RICE	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
STEAMED RICE	×	×	×	×	×	×	×	×	×	×	×	×	×	×
MUSHROOM RICE	×	×	×	×	×	×	×	×	×	×	×	×	×	×
BUTTERED NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
GARLIC NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CHILLI GARLIC NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CHEESE GARLIC NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
PESHWARI NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
KEEMA NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
TANDOORI ROTI	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
POPPADUMS	×	×	×	×	×	×	×	×	×	×	×	×	×	×

The Parsons Pig Menu - Food Allergen Guide - DESSERTS

Column1	Eggs	Fish	Lupin	Milk	Mustard	Peanuts	Sesame	Soya	Tree Nuts	Cereals With Gluten	Celery And Celeriac	Crustaceans	Molluscs	Sulphur Dioxide SO2
CHOCOLATE ORANGE STICKY CAKE	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
DARK DECADENT CHOCOLATE	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
SALTED CARAMEL CR. BR. CHEESE CAKE	×	×	×	✓	×	×	×	✓	✓	✓	×	×	×	×
PASSION FRUIT MANGO CHEESE CAKE	✓	×	×	✓	×	×	×	×	×	×	×	×	×	✓
APPLE FLAPJACK CRUMBLE	×	×	×	✓	×	×	×	×	×	✓	×	×	×	✓
CHOCOLATE FUDGE CAKE	✓	×	×	✓	×	×	×	✓	✓	✓	×	×	×	×
SPOTTED DICK	✓	×	×	×	×	×	×	×	×	✓	×	×	×	×
STICKY TOFFEE PUDDING	✓	×	×	✓	×	×	×	×	✓	✓	×	×	×	×
WAFFLES	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
LEMON MERINGUE SUNDAE	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
KULFI'S	×	×	×	✓	×	×	×	×	✓	×	×	×	×	×
GULABJAMUN WITH ICE CREAM	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
ICE CREAMS	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
SORBETS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
BAKLAVA	✓	×	×	✓	×	×	×	✓	✓	✓	×	×	×	×

The Parsons Pig Menu - Food Allergen Guide

THE PUB GRUB - MAINS / PIZZAS / SALADS / BURGERS

Column1	Eggs	Fish	Lupin	Milk	Mustard	Peanuts	Sesame	Soya	Tree Nuts	Cereals With Gluten	Celery And Celeriac	Crustaceans	Molluscs	Sulphur Dioxide SO2
KING PRAWNS PASTA	×	×	×	✓	×	×	×	×	×	✓	×	✓	×	×
MUSHROOM & GREEN PESTO PASTA	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
SEEKH KEBAB PLATTER	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CHIPS & KEBAB PLATTER	×	×	×	✓	✓	×	×	×	×	×	×	×	×	×
CHILLI CON CARNE	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
ROSEMARY AND MINT LAMB SHANK	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
STEAK MUSHROOM AND ALE PIE	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CHICKEN HAM AND LEEK PIE	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
VEGETABLE LASAGNE	✓	×	×	✓	✓	×	×	×	×	✓	✓	×	×	×
FETA & HALLOUMI STEAKS	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
SAUSAGE AND MASH	×	×	×	✓	×	×	×	×	×	✓	×	×	×	✓
GAMMON STEAK	×	×	×	×	×	×	×	×	×	×	×	×	×	×
HUNTERS CHICKEN	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
COD AND CHIPS	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
BOMBAY FRIED FISH AND CHIPS	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
JUMBO SCAMPI AND CHIPS	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CHICKEN TIKKA MASALA PLATTER	✓	×	×	✓	✓	×	×	×	×	✓	×	×	×	×
CHICKEN KORMA PLATTER	✓	×	×	✓	×	×	×	×	✓	✓	×	×	×	×
PUNJABI VEG MASALA PLATTER	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
MUSHROOM RISOTTO	×	×	×	×	×	×	×	×	×	×	×	×	×	×
PEPPERONI PIZZA	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
DESI CHICKEN TIKKA PIZZA	×	×	×	✓	✓	×	×	×	×	✓	×	×	×	×
VEGETABLE HOT PIZZA	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
PANEER AND HALLOUMI PIZZA	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
KEEMA PIZZA	×	×	×	✓	×	×	×	×	×	✓	×	×	×	×
CHICKEN BACON CAESAR SALAD	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
MEDITERRANEAN SALAD WITH FETA	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
BACON AND CHEESE BEEF BURGER	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
PATIALA LAMB BURGER	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
BIG MARY CRISPY CHICKEN BURGER	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
GRILLED HALLOUMI BURGER	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×
ULTIMATE BURGER	✓	×	×	✓	×	×	×	✓	×	✓	×	×	×	×

The Parsons Pig Menu - Food Allergen Guide

THE PUB GRUB - SANDWICHES / WRAPS / SIDES / SUNDAY ROAST

Column1	Eggs	Fish	Lupin	Milk	Mustard	Peanuts	Sesame	Soya	Tree Nuts	Cereals With Gluten	Celery And Celeriac	Crustaceans	Molluscs	Sulphur Dioxide SO2
HAM AND CHEESE SANDWICH	✓	×	×	✓	×	×	×	×	×	×	×	×	×	×
MASALA FISH SANDWICH	✓	✓	×	✓	×	×	×	×	×	✓	×	×	×	×
GRILLED HALLOUMI SANDWICH	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
VW VEGAN WHOPPER SANDWICH	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
CHICKEN TIKKA WRAP	✓	×	×	✓	✓	×	×	×	×	✓	×	×	×	×
SEEKH KEBAB WRAP	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
PANEER AND HALLOUMI WRAP	×	×	×	✓	✓	×	×	×	×	✓	×	×	×	×
VW VEGAN WHOPPED WRAP	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
NACHOS WITH CHEESE & DIPS	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
ONION RINGS	×	×	×	×	×	×	×	×	×	✓	×	×	×	×
CHUNKY CHIPS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
SKINNY FRIES	×	×	×	×	×	×	×	×	×	×	×	×	×	×
CHILLI MASALA CHIPS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
CHEESY CHIPS	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
SEASONED VEGETABLES	×	×	×	✓	×	×	×	×	×	×	×	×	×	×
SIDE SALAD	×	×	×	×	×	×	×	×	×	×	×	×	×	×
GARLIC FLAT BREAD	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
GARLIC FLAT BREAD WITH CHEESE	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
SEASONED OLIVES	×	×	×	×	×	×	×	×	×	×	×	×	×	×
HUMMUS WITH NAAN	✓	×	×	✓	×	×	×	×	×	✓	×	×	×	×
BAKED BEANS	×	×	×	×	×	×	×	×	×	×	×	×	×	×
ROAST PORK	×	×	×	×	×	×	×	×	×	×	×	×	×	×
ROAST BEEF	×	×	×	×	×	×	×	×	×	×	×	×	×	×
ROAST TURKEY	×	×	×	×	×	×	×	×	×	×	×	×	×	×
HONEY NUT ROAST (VEG)	×	×	×	✓	×	✓	✓	×	✓	✓	×	×	×	×